

The *FLYRODDER*



The Flyrodder
is a monthly publication of
The Long Island Flyrodders, Inc.
Editor, In Memoriam, Gian Padovani

PUBLISHED BY

LONG ISLAND
FLYRODDERS

This Month's Meeting *August 7, 2007*

Morty Schneiderman, Editor

90-60 Union Turnpike
Glendale, NY 11385
LIFRnews@aol.com

Jeff Farrell

Circulation Manager

The Long Island Flyrodders
meet at 8:00 PM on the
first Tuesday of each Month
at the: **Levittown VFW Hall**
55 Hickory Lane
(North of Hempstead Turnpike
& West of Jerusalem Avenue)

2007 OFFICERS

Paul McCain

President

2839 Cherry Court
Oceanside, NY 11572
516-536-1418

Prespaul@optonline.net

Allan Manz

Vice President

Lee Weil

Secretary

Al Battistelli

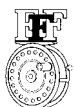
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God Bless America



Bitterroot River, Montana

Photo by Susan Solomon

See Susan's article on page 6

Guest Speaker:

Bruce Kraebel

"Float Tubing"



President's message

Just because the thermometer is rising and the water is warming up doesn't mean you have to lay the fly rod aside. There's plenty of action for those who dare to venture outside the "trout" box. On Tuesday, July 12th the First Annual Friend's Trip to the Housatonic River took place, with a group of anglers including LIFR and TU members. The target was smallmouth bass, and there were plenty to be found.

In spite of sweltering heat and humidity, the guys connected with plenty of bass. They were not exactly giants, but enthusiastic and willing to take a fly when most trout are hiding in the shadows, gasping for oxygen. The old saying "only mad dogs and Englishmen go out in the midday sun" could certainly apply to bass. Those who took to rock hopping and picking the pockets were rewarded with feisty bronzebacks all morning long. **Pete Yuskevich** reported a 15" fish taken, and **Al Battistelli** had a nice fish as well. **Lee and Jeff Farrell** found a plethora of smaller

fish at the Garbage Hole, taking them on hellgrammites, Strymps, and black woolly buggers.

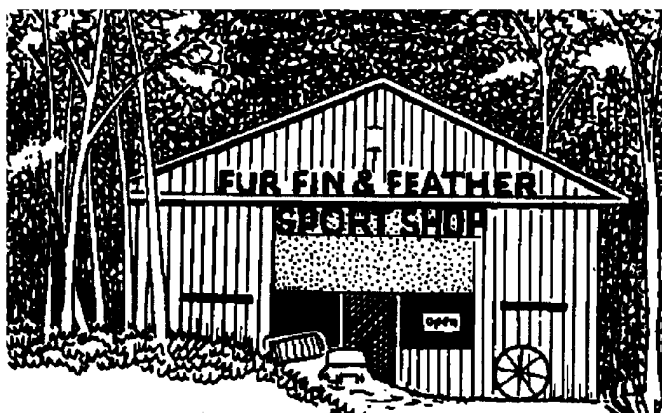
After a good morning's fishing the gang met up at the Monument picnic area for traditional club cuisine; a gourmet lunch of cheeseburgers, hotdogs, beans and sauerkraut.

The main topic of conversation during lunch was how to navigate the extremely attractive pool that lay at the bottom of the steep bank behind the grill area. Once the feast was over they all went their separate ways, seeking new water and fresh fish.

Don't forget our barbeque before the general meeting - hamburgers & hot dogs, starting at 6:00 to 7:30.

This month's Connetquot Monday trip will be taken over by **Wolfgang Porté** while Lee & Jeff are away. Details & info on page 9.

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Pres. Paul



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FoF Your Nymphormation

by Lee Weil



Silly Fishing

Through the years that I have fished, I have had good days, not so good days, great days and then on rare occasions, the days that I can only describe as "silly fishing". These conditions occur when the fish are so cooperative and eager to grab a fly that you almost become drunk on strikes. It can get to the point where you begin to enjoy the challenge of NOT hooking a fish.

When the fishing gets ridiculously easy there are several options one can resort to. One remedy is to relocate and try to find smarter or less gullible fish. Another is to simply change flies every time you catch a fish. In this case, the object of the game is to use the most unappealing fly in your box and catch a fish on it. Once you catch a fish on it, you surrender it and start over. If you are fishing with a friend, you can wager that evening's beverages on whoever lands the most silly fish. When playing this game, the winner often develops a taste for single malt scotch when they used to favor Bud Light.

Silly fishing is a Godsend if you have a kid or a green horn along. Unfortunately, those are usually the days when the fish are using binoculars and refusing anything that isn't presented perfectly on 8X tip-pet. But if you can hit it just right the novice will have plenty of practice setting a hook, and the only bad news is they are generally spoiled for life. Anything after that becomes "lousy fishing".

Silly fishing can also cause behavioral changes. Anglers who were formally serious and in-

tent may begin to dance on rocks and sing cartoon jingles, or laugh hysterically upon hooking yet another 9" fish. Amusement is increased even further when a fish is missed, especially due to the abrupt removal of the fly by the angler in their efforts to avoid the hook up.

I witnessed this phenomenon recently at Sunken Meadow while fishing with my husband. We were having a good day, catching cocktail blues from the surf and enjoying the sunshine. I became aware of laughter coming from over my left shoulder and turned to see who it was. Jeff was standing in the water with his rod held out in front of him, dapping the surface with a Hopkins spoon. I noticed a splash and what appeared to be a huge fin break the surface as he raised the lure from the water. I called to him and asked him what the heck was doing all that splashing, to which he replied with a giant grin "SEA ROBINS!" He continued to tease the fish (trophy sized sea robins, by the way) up from the bottom, smiling at their attempts to snatch the Hopkins before it was lifted out of their reach. I returned to my casting, being too involved with the voracious blues to watch his "Sea Robin Circus". After a few more casts I began to realize that he was having more fun than I was and switched to a white Clouser. I worked that Clouser slowly on the bottom for at least 15 casts. Funny thing is, as hard as I tried, I could not catch a sea robin I guess that's just silly fishing.

Tight Lines & God bless, Lee

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1st Annual Friends Trip to the Housatonic River in Connecticut.

Not an official LIFR trip, but open to all members, friends and guests. As usual, Pres Paul exhibited his culinary skills at the grill for all participants.

Left: Al battistelli with a Housatonic smallmouth



Housatonic River, CT



On a beautiful day in May, our friends from AHRC joined us again at Connetquot State Park to fish with us. The "**Drew Crew**" had a ball, enjoying some outstanding fishing, lots of laughs, a picnic lunch and a hike through the woods. As always, Phillis caught the most fish. We are looking forward to their return visit in the fall. Special thanks to Bob Stapf, Joe Caroleo, John Christiansen and Lee Weil for their help and sharing our love for flyfishing and to Peter Yuskevich for the beautiful pictures.

Wolfgang H. Porté





More "Drew Crew"



ELDRED PRESERVE FISHING TRIP SEPTEMBER 18 – 19, 2007

We ran this trip three years in a row and it was a great success. We caught a variety of fish – bass, very large blue gills, big crappie, pickerel, as well as some nice trout. We also shot a couple of rounds of Sporting Clays. Overall, we had a good time and enjoyed the camaraderie. The accommodations were very good and the food was excellent. Eldred is located approximately two-and-a-half hours from New York City and it is a pleasant ride. This is a great trip to bring family and friends and a great opportunity to introduce children to fishing. The dates are September 18 – 19, 2007.

The cost for the trip is as follows: The room is \$75.00 plus tax, double occupancy. This means you would split the cost of the room with someone. An extra cot in the room costs an additional \$8.00. Dinner is a la carte – you pay for what you select. The restaurant is excellent. They will provide coffee in the rooms. We will provide some Dunkin Donuts in the morning or you can make arrangements to provide your own breakfast.

We are going to have a Bass Tournament on September 19. The cost of the bass boat is \$80.00 plus tax, again, double occupancy, so you split this cost, also. There are two people per boat. The entry fee is \$10.00 for each angler and the entry fees collected will be distributed to the First, Second and Third longest bass caught. Further details will follow.

They also have two large trout ponds. One is Catch and Keep. It is stocked with trout. You have free access to the Catch and Keep pond but must pay \$6.25 per pound for whatever you catch. They will clean the fish for you and pack it in ice for your journey home. The cost for the cleaning is fifty cents per fish.

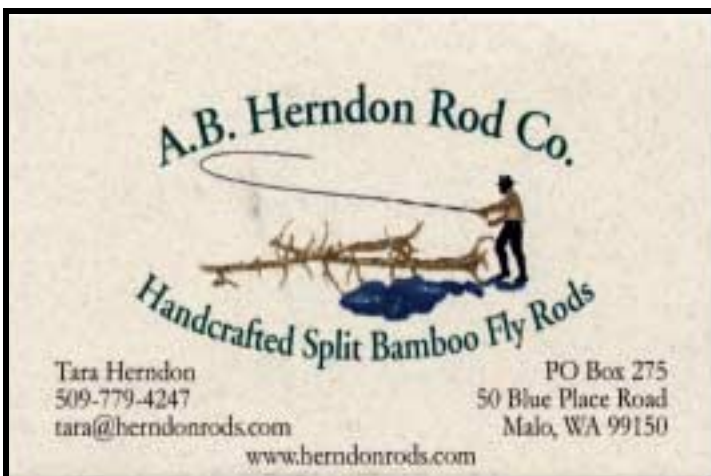
The other pond is Catch and Release. It is stocked with trout and big catfish. It is for fly fishing only, barbless hooks only. The cost for this pond is \$12.50 per person and you can fish all day.

You can also go fishing nearby at Mongaup Pond, Rondout Reservoir or the Delaware River.

They also have Sporting Clays available. We shot the Sporting Clays each time we went and had a lot of fun doing it. The cost for a round is \$8.00 for twenty-five clays. You can bring your own shotgun and ammunition or you can rent a shotgun there for \$5.00 and purchase ammunition for \$8.00 for a box of twenty-five rounds. They provide ear protectors while you are shooting.

They have a computerized gambling casino only minutes away if you want to try your luck.

You can sign up at any meeting with Bill Farington or me, Joe Caroleo, or you can call me at (718) 845-4225 between the hours of 9:00 a.m. to 9:00 p.m.



The Last Best Place

By Susan Solomon

Howie and I had a wonderful Anniversary trip to Missoula, Montana. The five days were spent fly fishing on as many streams as possible. Our day on the Bitterroot River with guide Scott was serene and bucolic. It was difficult to keep one's eye on both the fly and the scenery at the same time. As we traversed 10 miles of the river, we were treated to gorgeous vistas of the snow-capped Rockies. Along with rainbows and brown trout, Howie landed his first cutbow, a hybrid of a cutthroat and rainbow trout.

We were both overjoyed to use the larger size flies that are essential to Montana fishing. Changing flies was much easier and done without hesitation. Large hoppers floating down the river were much easier to spot in the riffles than the small flies we are used to.

With daylight lasting until almost 10 p.m., there is plenty of time to enjoy the outdoors. You have to take an afternoon nap to be able to stay up for the evening hatch!

Although we were taken aback by the congestion in Missoula, numerous quiet fishing spots are a short ride away in any direction. With the speed limit on the interstate posted at 75, you can be at your favorite spot in no time at all.

Montana is affectionately referred to as "the last best place". Check it out for yourself and see if you don't agree.



The State of Montana was kind enough to provide a private fishing access for Susan and Howie Solomon during their recent trip to Big Sky Country.

FISH FACTS HOW DO FISH BREATHE?

As people take a breath, they take in air through their bronchial tubes and into their lungs. Inside our lungs, oxygen is taken out of the air and transferred into our blood by little sacs called alveoli. By breathing out, we remove carbon dioxide from our blood in the reverse order. Because fish live under water, they get their oxygen in a different way.

Most fish breathe by opening and closing their mouths, which fills their mouths with water. When the mouth is closed (and filled with water), a fish opens its opercula (gill covers) and forces the water over the gills and out the fish's body. As water passes over the gills, they exchange carbon dioxide for fresh oxygen. As with the human lung, there are many different parts to a fish's gill. The part that takes oxygen in and removes carbon dioxide is called the lamellae. The gills of a fish are very delicate, so you never want to touch the gills of a fish you plan to release.

The above mechanism describes the way MOST fish breathe. There are, however, several types of fish that can breathe air. Walking catfishes, European eel, electric eel, tropical catfishes, and the African and South American lungfishes all have adaptations that allow them to breathe air. These fish use their ability to breathe air to make short over land travels. If the pond they live in dries up, no problem! They just walk (or slither/slide) to the next pond they find. This is just one example of the many special adaptations fish have made to help them survive.

One last thing to think about. The minimum amount of oxygen needed by different kinds of fish varies. Carp, for instance, can survive in water with almost no oxygen while trout need water with a lot of oxygen in order to survive.

Don't Put your Vise Away Yet!

Although the fly swap has come to a halt for the summer season, we are renewing our annual drive for fly donations to be used in the Fly Fishing Show raffle boxes.

Starting with the **August** meeting, I will once again be collecting your hand-tied or store bought flies. In order to keep the presentation boxes looking neat and attractive, we are asking that you donate your flies in groups of 12 of a kind (10 for saltwater).

For your efforts, you will be rewarded with one ticket for every 12 freshwater or 10 saltwater flies submitted. Tickets will be entered in a raffle for a valuable prize.

To get the ball rolling (and to see if you read this whole article) I am offering a *small* prize to the first person to hand in 4 dozen flies.

Non-tiers remember: We will accept purchased flies or you will be credited for 1 dozen flies for every \$8. donation.

Thank you for your continued support and generosity.

Susan Solomon

LIFR PHOTO CONTEST RULES

- 1a. Contestants must be LIFR members.
- 1b. Subject must be related to Fly Fishing.
- 1c. Prints, (no transparencies), size 4" X 6" in color or black & white.
- 1d. Digital photos, minimum size 800 X 600 megapixels.
2. Put your name and phone number on back of the prints in small letters
3. All photos submitted may be used by LIFR. (e.g., Fly-rodder and lifr.org)
4. There will be play-off contests at each Club meeting May through October
5. Three winners will be picked by members present at each of those meetings
6. All winning photos will be entered in the Dinner Dance GRAND CONTEST
7. Members present at the Dinner Dance will select the three Grand Prize winners
8. In case of a tie or dispute, the decision of the Chair will be final
- 9a. Submit photos at the meeting or send them to:
Jim Foley, Chair
98 Fonda Road
Rockville Centre, NY 11570
- 9b. Email digital photos as attachments only. (not embedded in the body of the emails) along with your name and a short description of your submission.

Fishing Reports

Hey, Flyrodders. How's the fishing been lately? Let's let our members know. Send reports and/or pics to LIFRnews@aol.com for publication in *the Flyrodder*, or see me at the meeting. Thanks. **Morty**

"March was the last month for those of you who have not renewed your LIFR membership to still be considered members. Remember, you must be a member to participate in club activities and continue receiving 'the FLYRODDER'"

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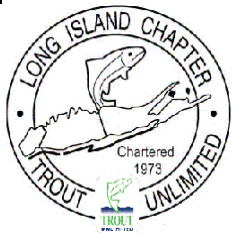
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meets on the 3rd Tuesday of each month at:
Hicksville VFW Hall
320 S. Broadway
Hicksville at 7:30 p.m.
Visitors are always welcome.

See www.longislandtu.org for more info.

To conserve, protect and restore North America's cold water fisheries and their watersheds.

For fly tying classes, contact:

Mike Gelber: (516) 221-9508

For casting classes, contact:

Herman Abrams: (516) 593-6024



Berkley has a program for recycling **used fishing line**. If you call them and you are a **business**, they will send you a shipping box (prepaid) to send in the line. Their only stipulation is that the line be clean and free of all debris, hooks, and metal attachments.

1-800-BERKLEY or (712) 336-1520.

If you are not a business and you have a bag of line, send it to the following address.

Remember that birds and marine animals become entangled in fishing line. Do what you can. Make sure the line is clean of debris, hooks, and metal attachments.

Berkley recycles the line into artificial fishing structures.

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MEMBERSHIP APPLICATION

The undersigned hereby applies for membership or renewal, in the **LONG ISLAND FLYRODDERS, INC.** ("LIFR"). I understand the inherent risk in participating in the activities of **LIFR**, including fishing trips, of one day or longer, which **LIFR** may make available to members. I understand that **LIFR** activities may take me into remote areas, and that I may not be able to be promptly evacuated or receive proper medical care in the event of injury or disease. I further understand that I am solely responsible for all costs of medical treatment and transportation.

Intending to be legally bound, for myself, my heirs, executors, and administrators, except to the extent that indemnity insurance is available, I waive, release, indemnify, and hold harmless, **LIFR**, its Officers, Board of Directors, and members, against any and all claims for personal injury, disease, death, and property damage or loss, that I may incur, arising out of or connected in any way with any and all **LIFR** activities. I assume the risk of undertaking all **LIFR** activities, including related travel.

Member Signature: _____

Date: _____

Print name: _____

Address: _____

Home phone: () _____

Office phone: () _____

E-mail address: (optional) _____

Consent given to post e-mail address on LIFR Web Site: Yes () No ()

In case of emergency, when reasonably feasible, contact:

Name: _____

Relationship: _____

Home Phone: () _____

Office Phone: () _____

Family Application must be signed by each Family Member or Guardian, as applicable.

Dues: Individual \$40.00 _____ Family (including children under 16 yrs) \$45.00 _____ Junior (under 18 yrs) \$15.00 _____

Mail this form to: **LONG ISLAND FLYRODDERS, INC**
P.O. 8091
Hicksville, NY 11802

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CONNETQUOT RIVER TRIPS - 2007

In response to the demand for the limited spaces available for our Monday Connetquot River State Park trips, the following guidelines are in effect:

Members attending the meetings have **first priority**, followed by those members, chronologically received, who call in the day after the meeting for the remaining spaces available. Reservations are available for 32 anglers for each session; 64 for both sessions. The cost of each session is **\$20.00**. No checks will be accepted;

EXACT CHANGE, CASH ONLY, NO SINGLES,

to be paid at the general meeting or at the park for call-in reservations. Anglers fishing the morning sessions must be at the park by **7:30 a.m.** Cancellation must be made by 7:00 p.m. the Saturday before the session.

No advance reservations will be accepted.

Hours: 8:00 AM to 12:00 PM & 1:00 PM to 5:00 PM

For Details call Wolfgang Porté - (516) 741-2342

CONNETQUOT DATES - 2007

August 20	September 17	October 15
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Rubber-soled Hip Boots Only

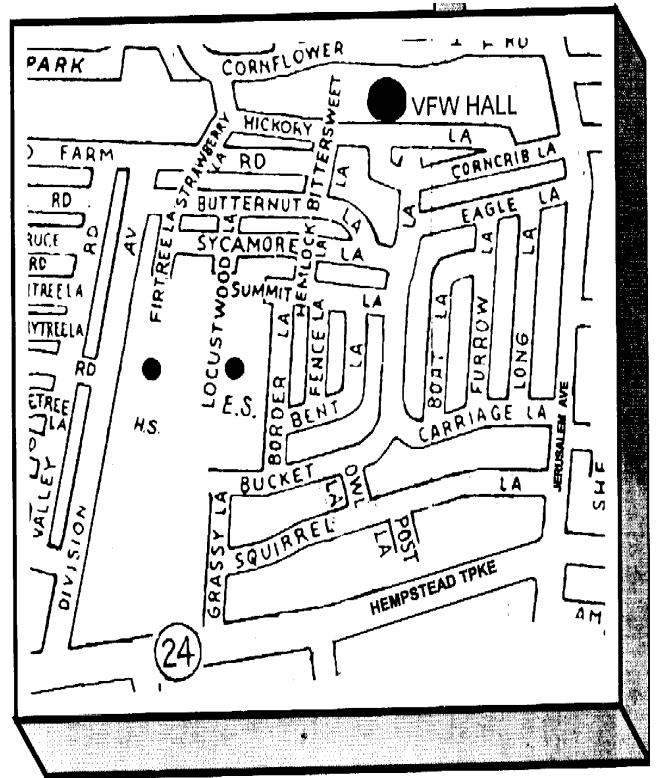
You must have a creel in your possession to fish in the park and on the stream

Only members with 4 weight rods or larger will be allowed to fish on the Monday Sessions

LONG ISLAND FLYRODDERS COMING EVENTS

August - 2007

- Aug. 3-5 **Housatonic River, CT - Camping**
Contact: Mike Gelber (516) 221-9508
- August 7 **General Meeting - 8:00 P.M.**
Barbeque & Fly Casting - 6:00 until 7:30
LIFR Photo Contest - Jim Foley 516-766-4531
Guest Speaker: Bruce Kraebel
"Float Tubing"
- Aug. 10-12 **Allenbury Resort, PA - Yellow Britches River**
Contact: Joe Otterstedt (516) 361-8145
- August 20 **Monday Fishing at Connetquot State Park**
Contact: Wolfgang Porté (516) 741-2342
See Page 9 for details & info
- August 28 **Board Meeting**
7:30 P.M. at the Levittown VFW Hall



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