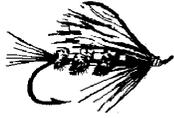


The FLYRODDER

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This Month's Meeting *July 1, 2003*

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meet at 8:00 PM on the
first Tuesday of each Month
at the: **Levittown VFW Hall**
55 Hickory Lane
(North of Hempstead Turnpike
& West of Jerusalem Avenue)

2003 OFFICERS

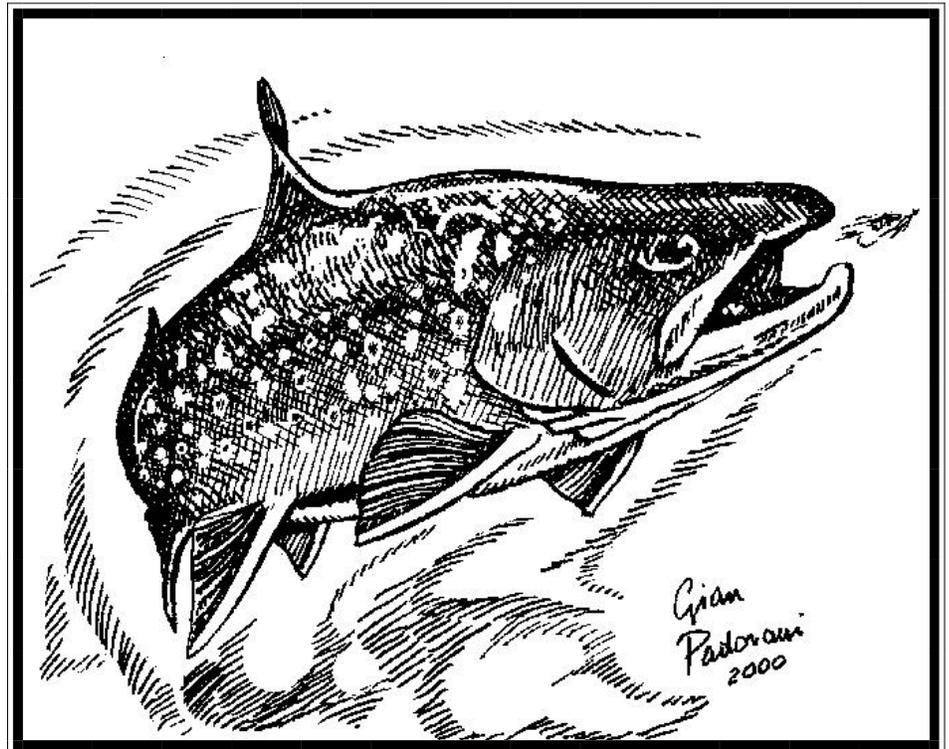
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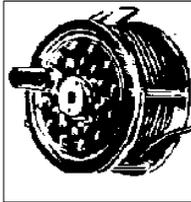
GUEST SPEAKER:

Nick Karas

ōBrook Trout in the Northeast and
Striped Bass on Long Islandö



God Bless America



President's message

I begin this letter with some sad news. One of the hardest working guides on Long Island passed away this month. **Ken Turco** from the Lucky Strike Charters passed away. We send our condolences to his family and friends. He will be missed.

We are going to have an interesting raffle available. It will be a one in one hundred raffle. A Rod, reel, line, vest and a box full of flies will be available. This will also include a guided trip with **Paul McCain**.

There will be two great trips this summer. The Farmington River camping trip in July and the

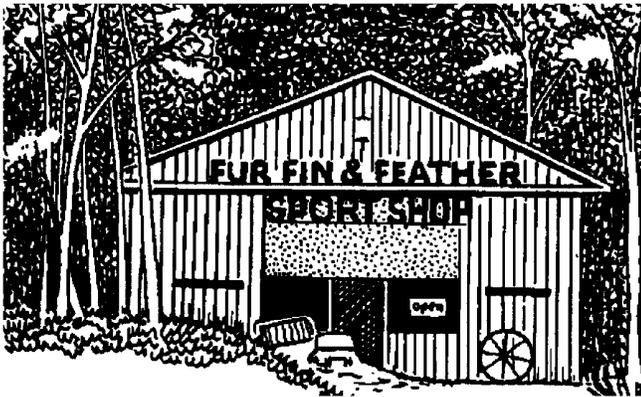
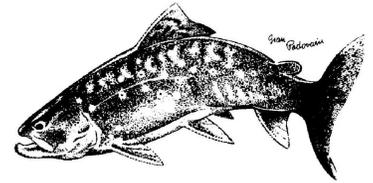
Housatonic camping trip in August. Come to the meeting and sign up.

Mr. Brook Trout, **Nick Karas** will be our speaker for July. He will talk about brook trout in the Northeast and striped bass on Long Island.

I am looking forward to some warm weather and sunshine. I am also looking forward to seeing you on the club trips. We always have a good time and usually catch some nice fish. This summer, I hope to do some more saltwater flyfishing; I also hope to take my canoe out and look for some interesting waters in the bays. In the next

letter I would like to include some good titles of books about fishing. If you have any suggestions, please see me at the meeting. Even if we can't fish in all this rain, at least we can read about it.

Tight Lines,
Paul



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For Your Nymphomation

by Lee Weil



How many pickerel would a pickerel picker pick if the pickerel picker was a Long Island Flyrodder?

That question was answered at our 4th Annual Peconic River trip on Tuesday, June 10th. Jeff and I gave Maddlin a much needed bath and hoisted her on top of the truck for our opening day trip to Riverhead. The weather finally gave us a break and we had plenty of sunshine and a breeze, which held, at just castable levels. We had a great turnout; about 20 members showed up and being it was a weekday we had the whole lower section of the river to ourselves.

Those members who didn't have cartops or canoes rented boats from the Fisherman's Deli. In spite of the high, coffee stained water and dire fishing forecast

from the boat livery I believe all of the members had fish. **June Boughton** did very well using her home-tied version of a Muddler mutation; she was generous enough to pass one on to **Joe Otterstadt** and **Linda Macy** who also had success with the pattern. Jeff tied on a black Marabou Muddler and was immediately rewarded with a nice pickerel of 15ö, followed by another slightly smaller. **Mike Friedland** took his fish on a white Zonker, and **Major Funderburk** scored as well. **Frank Chin** had 2 bass, 16ö and 14ö, and **Don** also took a bass, but for the most part it was a plethora of picks all day. **Vito Laera** chose to put in on Forge pond and had a mixed bag over there, of bass, bluegills and pickerel. I fished to the most unusual species of the day; casting a tiny white popper

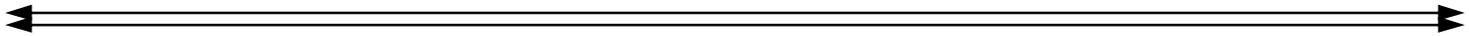
into the shallows near the bank, where it was studied intently by a fat calico cat sitting in the reeds. She was extremely interested and crouched, tail twitching in frustration, but I couldn't get her to take.

After a pleasant morning of paddling and casting we met at the parking lot for a lunch of hero sandwich and macaroni salad, which was so well received that I have decided to make it a feature of next year's trip.

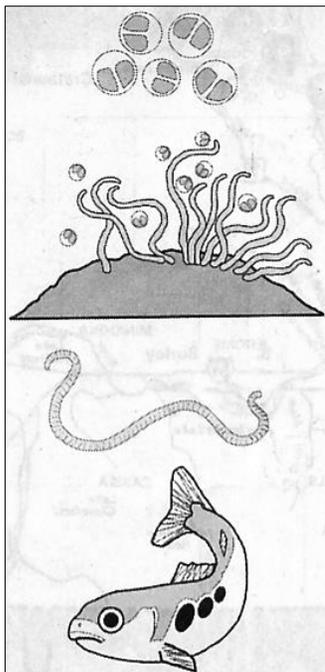
(I may even comply with the request for home baked brownies!)



Tight lines and God bless, Lee



Whirling Disease



Whirling disease results from an infection caused by the parasite, *Myxobolus cerebralis*.

Tubiflex worms ingest the *Myxobolus* spores.

In the gut of the worm, the spores develop into a form of the parasite that infects trout.

The spores are released into the water and are ingested by the fish. The spores mature and migrate through the fish, usually ending up in the cartilage of the head.

The parasites attack developing cartilage in the cranium and develop whirling behavior at about 4 to 6 weeks after infection. Surviving trout may be deformed, or act as carriers of the disease.

When infected fish die, or are eaten by predators, they release the *Myxobolus* spores, which are ingested by the Tubiflex worms, and the cycle begins again.



Bananas, Black Cats and Beer

by Lee Weil

Friday the 13th is coming up, but I pay it no mind. I have never been superstitious, which is a hard stand to maintain when you're an angler. Recently, I have been going through a slump of the sort we all have once in a while; however, this one is lasting longer than I consider acceptable. I became so distraught down in North Carolina, I considered selling my Loomis. It's not that my casting has gone south; in fact, I was quite happy with my distance and accuracy the last time out. It's not that the fish aren't taking either. It's a matter of missed strikes, not enough hook set, TOO much hook set, broken tippet and bad luck. OOPS! Did I say luck? O.K., I have to admit, it sure seems like a cloud of misfortune has settled on my piscatorial parade.

This has led me to begin to reflect on what could possibly be causing my dilemma. In my years of angling, I have encountered many of what I consider to be silly superstitions, especially on party boats. A bad day can be attributed to several factors, such as having a banana on board, or a woman (we won't even GO there!) On one trip, I was forced to search the cabin and produce the dreaded fruit, when I overheard murmured threats of tossing me overboard. Another practice, to ensure good fishing, is to sacrifice the first sip of a newly opened beer to the sea to appease the fishing gods. Any beer can be used, so it pays to carry on one can of Meister Brau. One fly fishing related superstition is that it's bad luck to wash your vest, although, that may just be an excuse to avoid having to empty the whole thing; no small task for most of us.



Taking all these things into account, I began to see a pattern. It slowly dawned on me that my



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POWER IN THE CAST

By George Simon

This month, I would like to talk about putting power in the cast. It is one of the five parts of the cast that has to be done properly to make the cast effective. Given a little thought of what it is can help in all your presentations.

Power in the cast should always be applied GRADUALLY in the stroke and ended ABRUPTLY. Last month we talked about smoothing out the cast. Here, we must apply the strenght of the force needed to make the cast, from complete rest to a final quick movement with a sudden stop. This is called **loading the rod**. This bending of the rod, prior to the stop, provides the energy to throw the line the needed distance of the cast.

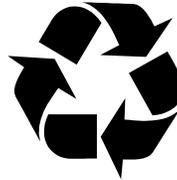
Let us talk now how to do this. As stated, last month we start the rod slowly back while increasing the rod speed to a point 90 degrees from the target. At this point, we apply the final power needed to throw the line as far as is required. Joan Wulff refers to this as the power snap. It is done by the rod hand, similarly as throwing a ball. If I have a target close by, I need only to give a small snap with my hand. The term snap means that I stop the rod to release the power stored into the line. A longer cast means that I have to stop the rod harder with my hand.

You must remember that this final, stronger stopping of the rod MUST be done 90 degrees from the target. On a short cast, this means that the rod is stopped before it is perpendicular to the ground. On most other casts, we can power snap when the rod handle gets to our face. This stops the rod at an angle that will have the line pass over the top of the tip and create a good loop. Putting the snap in too late will give a wide loop and be very inefficient cast. Most people start out doing this, as it is the most common error in casting.

So, putting the power into the cast when and as it is needed again will smooth out the cast and present the fly accordingly. It works for me and I am sure it will for you.

Berkley has a program for recycling **used fishing line**. If you call them and you are a **business**, they will send you a shipping box (prepaid) to send in the line. Their only stipulation is that the line be clean and free of all debris, hooks, and metal attachments. Here's the number for Berkley: 1-800-BERKLEY or (712) 336-1520.

If you are not a business and you have a bag of line, send it to the following address. Remember that birds and marine animals become entangled in fishing line. Do what you can. Make sure the line is clean of debris, hooks, and metal attachments. Berkley **recycles** the line into artificial fishing structures.



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ōThe fisherman has a harmless, preoccupied look; he is a kind of vagrant, that nothing fears. He blends himself with the trees and the shadows. All his approaches are gentle and indirect. He times himself to the meandering, soliloquizing stream; he addresses himself to it as a lover to his mistress; he woos it and stays with it till he knows its hidden secrets. Where it deepens his purpose deepens; where it is shallow he is indifferent. He knows how to interpret its every glance and dimple; its beauty haunts him for days.ö

John Burroughs, 1886

FISHING ON THE WEB

On the Internet, you can learn fishing techniques, buy fishing tackle, and get up-to-date fishing reports on lakes. The following sites should be of interest to anglers:

www.thefishingline.com
www.screamingreel.com
www.dec.state.ny.us
www.infisherman.com

George Simon will be happy to answer your questions on this article or any on casting in general. He can be reached at : 516-483-1824

TYERS! WE WANT YOU! Fellow Flyrodders, it's that time again. Time to think about tying a few flies for our annual raffle box at the Somerset show. Thanks to all of you who have contributed in the past . As you know your flies help the club to raise funds for club activities, guest speaker and dinner dance expenses.

This year we will be giving away three "mini" prizes in June, September and December for those who contribute, plus one big prize at the end of the year. You will receive one ticket for the Grand prize for each dozen freshwater flies or ten saltwater flies donated. I will be collecting them at all general meetings

CONNETQUOT RIVER TRIPS

In response to the demand for the limited spaces available for our Monday Connetquot River State Park trips, the following guidelines are in effect: Members attending the meetings have **first priority**, followed by those members, chronologically received, who call in the day after the meeting for the remaining spaces available. Reservations are available for 32 anglers for each session; 64 for both sessions. The cost of each session is **\$15.00**. No checks will be accepted; **EXACT CHANGE, CASH ONLY, NO SINGLES**

to be paid at the general meeting or at the park for call-in reservations. Anglers fishing the morning sessions must be at the park by **7:30 a.m.** Cancellations must be made by 7:00 p.m. the Saturday before the session. **No advance reservations will be accepted.**

Hours: 8:00 AM to 12:00 PM
1:00 PM to 5:00 PM

For Details: Contact Lee Weil - (516) 997-6743

CONNETQUOT DATES - 2003

Aug. 18
Sept. 15 Oct. 20

Only members with 4 weight rods or larger will be allowed to fish on the Monday Sessions

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The Long Island Chapter of Trout Unlimited meets on the 3rd Tuesday of each month at the Hicksville VFW Hall, 320 S. Broadway, Hicksville at 7:30pm. Visitors are always welcome.

See www.longislandtu.org for more information.

To conserve, protect and restore North America's coldwater fisheries and their watersheds.

**For fly tying classes, contact:
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**For casting classes, contact:
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Intending to be legally bound, for myself, my heirs, executors, and administrators, except to the extent that indemnity insurance is available, I waive, release, indemnify, and hold harmless, **LIFR**, its Officers, Board of Directors, and members, against any and all claims for personal injury, disease, death, and property damage or loss, that I may incur, arising out of or connected in any way with any and all **LIFR** activities. I assume the risk of undertaking all **LIFR** activities, including related travel.

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Phone: home () _____ Office () _____

Date: ___ / ___ 20 ____

MEMBER

Signature: _____

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Consent given to post e-mail address on LIFR Web Site: Yes () No ()

Family Application must be signed by each Family Member or Guardian, as applicable.

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FLYRODDER

**LONG ISLAND FLYRODDERS COMING EVENTS
AUGUST - 2003**

- August 5 **General Meeting**
 Guest Speaker -
 öö
- August 8 - 10 **Housatonic River, CT - Camping Trip**

 Contact: Paul McCain - (516) 536-1418
- August 17 **Casting for Recovery Retreat**
 Connetquot River
 Contact Lee Weil - (516) 997-6743
- August 18 **Connetquot State Park - Monday Fishing Trip**
 See Page 6 for Details
 Contact Lee Weil - (516) 997-6743
- August 21 **Board Meeting**
 7:30 P.M. at the Levittown VFW Hall

