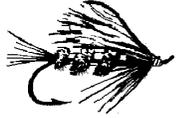


The *FLYRODDER*

PUBLISHED BY

LONG ISLAND
FLYRODDERS



The Flyrodder
is a monthly publication of
The Long Island Flyrodders, Inc.
Editor, *In Memoriam*
Gian Padovani

This Month's Meeting *April 6, 2004*

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The Long Island Flyrodders
meet at 8:00 PM on the
first Tuesday of each Month
at the: **Levittown VFW Hall**
55 Hickory Lane
(North of Hempstead Turnpike
& West of Jerusalem Avenue)

2004 OFFICERS

Mike Gelber
President

Jim Foley
Vice President

Lee Weil
Secretary

Cliff Dies
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Counsel



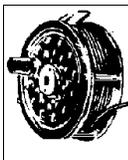
Nick Freidman and Stan Paroly at Montauk Lighthouse

Used Tackle Sale & Open House



God Bless America

DUES REMINDER - Last Issue
2004 Dues are due now. Please see Cliff Dies at the
General Meeting or mail in your check to continue
your membership. Thank you



President's message

As I walk around Twin Lakes, I can see the first few green buds popping out, spring is almost here. This winter has been just like the movie monster that won't die. We were teased with some nice warm days only to be followed by cold and snow. Somehow, I have a feeling we'll be standing on a stream on opening day in a snow storm, hopefully I'm wrong.

In the past few weeks we have seen our members representing the club in some great programs. Casting for Recovery held a fund raising auction at Connetquot last month and we were there with a crowd of Flyrodders. **Lee Weil** ran a junior fly tying class at Pancho's in Bethpage. We had 8 students tying nymphs, streamers and dry flies. It was great to see how quickly the kids picked up the concepts and the flies that were tied looked very fishable. Lee did a wonderful job teaching the class, as evidenced by the comments from the students as well as the parents in attendance.

March 9th was our last fly tying night for the winter, a lot of laughing and Pancho's hospitality ev-

ery time. It was interesting to watch fellow members tying and getting some pointers on their technique. As we were sitting there eating quesadias and ribs we were planning next winter's sessions with different featured tyers each night.

We have a couple of events coming up that I'd like to see a really strong "Flyrodder" showing.

April 24 is the **Project Access** work session followed by a river side barbeque and fishing. Contact **Dan Van Buskirk (516-561-8939)** or **Bob Skoy (516-379-1111)** for details.

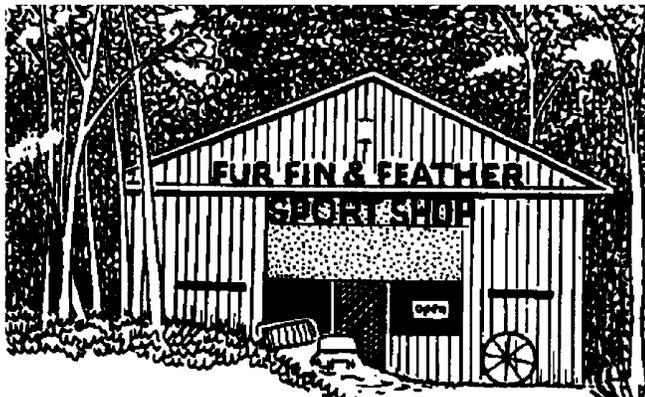
May 1 is a **Housatonic** river clean-up run by **Paul McCain (516-536-1418)**. This is followed by a famous McCain barbeque and fishing some of those secret McCain hot spots.

2004 Dues are due. This issue will be the last you will receive if you are not a current member.

This month's meeting will be our annual **Used Tackle Sale & Open House**. Please invite your friends to come and see our club. Remember, only current members can sell merchandise.

With this season of renewal I would like to wish all our members a Happy Easter and Passover.

Tight Lines, Mike



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For Your Nymphormation

by Lee Weil



On Saturday, March 6th, I had the pleasure of teaching the **Junior Fly Tying Class** for the second year and I have to admit, I was very impressed. We met at Pancho's Border Grill in Bethpage, where the club holds its Tuesday Tie Night during the winter months. The class turned out to be larger than anticipated with a few late entries, but I was blessed with plenty of help. **Al Battistelli, Mike Gelber, Paul McCain and Pete Yuskevich** were readily available to lend a hand, guiding each student through the more difficult steps of each fly. They moved around the tables where needed, allowing me to stay at the head of the table and demonstrate each procedure.

As for the students themselves, I was happy to see the big turnout and they proved to be fast learners. They covered hook and tool terminology and finished tying 2 flies before breaking for lunch, courtesy of the club. After a delicious feast of quesadillas, ribs and chicken fingers, we returned to the vises and com-

pleted 2 more flies. After a quick quiz (which they aced), we had a few minutes left, so I offered them the option to tie another fly. The vote was a unanimous "aye".

I want to thank the **Federation of Flyfishers** for their donation of vises and tools, **Pancho's Border Grill** for their great service and accommodations, Al, Mike, Paul and Pete for helping us survive the "dreaded Half-Hitch", and the students for applying themselves and doing a great job. Congratulations to the Class of 2004!



Lee Weil demonstrating

River Notes: As you know, April will be the first month of Catch n' Keep fishing for the year. Please take the time to read "**Lethal Factors**" in this issue and if you do not have a **LIFR Connetquot Rules** list, I will have them available at the sign up. Everyone is required to have a current N.Y. State license and LIFR Membership card to display upon request at the park.

Tight Lines and God bless, Lee



Owen McCain, age 4, showing them all how to do it.



President Mike Gelber giving tips and helping out with the kids

LETHAL FACTORS

by Lee Weil

“Fish on!” The rod bows into a heavy fish and the angler announces his success to his friends. He lowers the rod tip slightly, letting the big rainbow run upstream against the current, tearing the line off against the drag of the reel. “Look at him go!” he whoops. The fish makes several more strong runs and finally weakens. As it lies on its side, he slides the net under it and hefts it out of the water, holding it up to show his buddies. It’s a very nice fish, going about six pounds. He wades out of the stream and walks along the bank to where they are fishing. “Hey, give me the camera, I want to take some pictures of this one.” He lays the fish down and walks over to get the camera. “Wait a minute,” calls the other fisherman, “I want to get a picture with him too.” They take turns passing the fish around while taking shots of each other. Each one holds the fish up with his fingers in its gills. After everyone has their turn, the fish is tossed back into the stream, where it swims away sluggishly.

If you asked these guys, I’m sure they would tell you that they practice catch and release. Actually, what they are releasing is a **dead fish**.

I’m amazed that in a sport where people will spend so much time and energy in learning technique, there is so little awareness of how to preserve our ultimate goal - the trophy fish. We read the latest articles, buy the best equipment we can afford and spend countless hours pursuing our passion; so, why not learn to release fish safely? Let’s face it; there are

a lot more fishermen out there than there used to be, and only so many fish.

It’s not usually intentional abuse that kills trout; it’s ignorance in the way they’re handled. In a study done by Queen’s University in Ontario, statistics showed that the mortality rate of fish rose significantly when they were exposed to air after being stressed by exercise. Only **28% of the fish** released after 60 seconds (one minute) of exposure lived; i.e. less than 3 out of 10. The other **72% died within 12 hours**. If exposed for 30 seconds the survival odds rose to 6 out of 10, and fish that were stressed but **not exposed** had a 9 out of 10 shot of surviving. That’s a substantial margin. The reason for this increase in mortality rate, along with exposure time, is the damage done to the gill tissues by being exposed to air. This can be easily avoided by **leaving the fish submerged** while removing your fly with a forceps. If you feel that you absolutely must net your fish simply leave the net in the water.

Another factor that kills trout is the time spent bringing the fish to hand. We all love to play a fish on light tackle, it’s exciting and flyfishing emphasizes the art of finesse. But a fish that is exhausted by a long bout can be stressed to the point of no return, swimming away only to die a few hours later.

Therefore, where there are large fish present (for example in Connetquot), you should consider going with a heavier outfit in order to land them as soon as possible.

Early in the season, when fishing nymphs and streamers, you can go to a 3X or 4X tippet, as the fish are not line shy and it will assist in landing them quickly, reducing the stress and fatigue.

There are those exceptional fish that we want to photograph; either for our photo album or to be recreated into a mount. This is not a problem if you have another person to help out. Have them focus on the spot in the water where you will be releasing the fish while you are playing the fish to you. When you remove the fly, simply cradle the fish on your palms and raise it just above the surface for the shot, lowering it immediately back into the water. If your partner is ready, this will only expose the fish for 2-3 seconds. If you don’t have anyone handy to man the camera, please don’t lay the fish on the bank or a dock to take a picture; you may as well put it in the creel. There are times, especially in the warmer weather, when in spite of all your efforts you cannot revive a fish. This is the time to make the decision to take one home for the freezer, rather than leave it for the seagulls.

The next time you have the good fortune to land a trophy sized fish, consider how long it took to reach that size, and how long it would take to replace him. Trout Grand Marnier is my favorite recipe; I find it tastes much better when you use the pan-size butterfly fillets and I derive a lot of pleasure from watching that five-pounder swim away to fight again.



HUNGRY TROUT TRIP - Friday, May 21 to Monday, May 24, 2004

COST PER PERSON: Two to a room \$359 - Three to a room \$317 - **PACKAGE INCLUDES:**

FRIDAY (Check-in): Gourmet dinner. Full use of the Hungry Trout Dream Mile on the famous Ausable River.

SATURDAY: Breakfast, Boxed Lunch, Gourmet dinner, free drink at McDougall's. Full use of the Hungry Trout Dream Mile.

SUNDAY: Breakfast, Boxed Lunch, Gourmet dinner, Full use of the Hungry Trout Dream Mile.

MONDAY (Check-out): Breakfast, Boxed Lunch, Full use of the Hungry Trout Dream Mile.

EXTRA DAY PER PERSON: Two to a room \$97 – Three to a room \$87

2 DAY PACKAGE PER PERSON: Two to a room \$269 – Three to a room \$239.

ALSO AVAILABLE: Guided canoe trip (two anglers) on a 2,000 acre private brook trout preserve. Cost per day per person is \$165 (plus tip)

IF YOU WANT TO GO: Fill out the bottom of this form, enclose a deposit check for \$50 (\$75 if guided trip is included) payable to "The Hungry Trout" and either mail to "**Gil Padovani, 9 Longbow Drive, Englishtown NJ 07726**" by April 10 or hand them at the 4/2 (or earlier) meeting to **Danny Van Buskirk**.

A list of the participants who have enclosed their deposit checks will be sent to the Hungry Trout on 4 /20 (or sooner if all rooms have been booked). After that, reservations will be on room availability and on a first come first served basis. Deposits will be forfeited on cancellations made after 5 /1. (Unless a substitute is found)

<i>NAME</i>	<i>DEP</i>	<i>ROOM WITH (If known)</i>	<i>CANOE WITH (If known)</i>

If not three day package: Check-in date: _____ Check-out _____

ELDRED FISHING TRIP - June 30 to July 1:

Any member interested in taking this trip, please contact **Joe Caroleo** or **Bill Farrington** at the next meeting or call **Joe Caroleo at (718) 845-4225** between the hours of 9:00 a.m. and 9:00 p.m. for information concerning this trip. We must let Eldred know how many members and family will attend so we can reserve the units to accommodate them. A twenty-five dollar deposit is required on or before the May LIFR meeting to lock in the package you select. You can sign up at any meeting or call Joe Caroleo.

The basic cost of this trip is \$80, plus tax, per person, based on double occupancy. It includes a one night stay at the Eldred Resort, a dinner and breakfast. Children, ten years old or younger, the cost is an additional \$22 for each child. It also includes free admission to the Catch and Keep Pond which is stocked with trout. Whatever you catch you must keep and will cost \$4.25 per pound.

You can also fish at the Catch and Release Pond for an additional fee of \$10.00 per day. Whatever you catch has to be released. In addition, they have two bass lakes available for an additional \$75.00. You get a bass boat which seats two passengers and can catch Largemouth, Smallmouth bass, a variety of pan fish as well as Hybrid Striped Bass.

They also have a Sporting Clay range available as well as horseback riding. RSVP ASAP.

This year's "**ORVIS DAYS**" will be held on **April 30, and May 1 and 2.**

Programs on fly fishing related activities and fly tying, "how to" seminars and presentations on various destinations will be offered. Local fly fishing and conservation clubs will be present to answer questions about their organizations and fishing on Long Island.

ORVIS - 50 Glen Cove Rd. - Greenvale, NY 11548	(516) 484-1860
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MY SALTWATER FLY FISHING 101
by Paul McCain

This beginners saltwater fishing column is not being written by an expert but by a novice. I will be telling you each month what I learned, my success and my failure in my quest to be a better saltwater fly fisherman. Each month, I will be giving you one new strategy that will help you. These can also be used for fresh water.

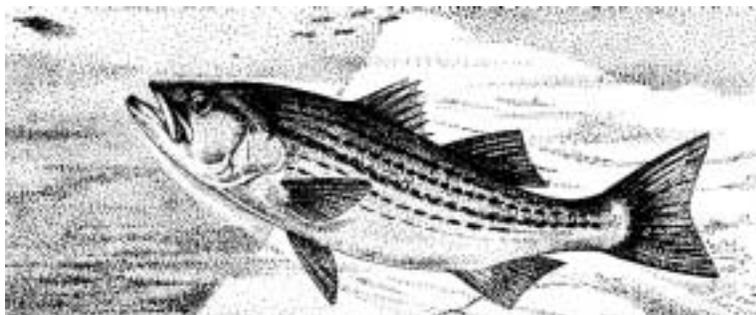
This month's strategy is about knowledge. In the movie "WALL STREET", Michael Douglas tells his assistant,

"Knowledge is power," and power means success. Just like in the movie, knowledge in fly fishing will lead to success.

Start by trying to learn something new everyday. Much to the dismay of my wife, I own every saltwater fly fishing book, I get every fly fishing magazine and I read them over and over again. Just sit down and read for 10 mins. a day and you will be surprised what you forgot and what you can learn. Get on the Internet, there are many great

web sites that are just loaded with information. Watch saltwater videos, the club has some great ones. Learn as much as you can about the weather, wind and tides. These are very important in saltwater. Take a walk in the area that you want to fish at all tides especially at the new and full moon low tides.

If you spend sometime you will become a successful saltwater fly fisherman. Remember a little knowledge goes long way.



PROJECT ACCESS - Saturday April 24, 2004

Come join with the Long Island Flyrodders and others to rebuild streamside access for the handicapped, and afterwards, enjoy a picnic and fish the afternoon. Meet at the **Catskill Fly Fishing Museum, Livingston Manor, NY,**

at 8:30 am. **Directions:** Exit 94 on Rt. 17, make right at exit go to end, make right (old Rt. 17).

Bring: Rakes, shovels, picks, wheelbarrows, fishing rods, etc. At conclusion of work detail a picnic will be held at Covered Bridge Park.

Costs: **Picnic** = \$5 deposit (returnable at picnic) _____

Saturday night dinner at Rockland House =\$28 _____

(Full menu except for porterhouse, filet mignon, lobster. Cash bar. Includes tax and gratuities)

Rooms at Rockland House for Saturday night:

Single double bed = \$55 _____ Single king size bed = \$55 _____ Two double beds = \$65 _____

Name: _____ Phone: _____

Rooming with: _____

Contact: Dan Van Buskirk (516) 561-8939

New salt water fly, named after our illustrious Past President, Paul McCain which was tied during the winter fly-tying sessions at Pancho's Border Grill in Bethpage.

***McCain's Monkey
by Jim Foley***



*Jim Foley's
McCain's Monkey*

Ingredients:

1. 1 1/2 oz Tequila
2. 1 oz Triple Sec
3. 1 oz Lime Juice
4. 1/4 oz salt
5. Mustad 1/0 4X hook
6. Yellow Marabou
7. Black Neck Hackle
8. Yellow Monkey Drink Gizmo

Recipe:

1. Run edge of glass with ingredient # 3, and press edge into item #4 spread on plate.
2. Combine ingredients 1, 2 and 3 and ice in a shaker and shake vigorously.
3. Pour half into martini glass.
4. Drink contents of martini glass.
5. Pour remaining contents of shaker in martini glass and set aside.
6. Tie monkey gizmo onto hook shank with #8 thread with monkey's head centered in shank.
7. Tie in generous amount of yellow marabou at hook bend.
8. Drink remaining contents of martini glass.
9. Palmer black hackle around neck of monkey and lock in.

How to fish:

After downing two quick Margaritas, *who cares?* The only thing you may want to do is make another batch.



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Berkley has a program for recycling **used fishing line**. If you call them and you are a **business**, they will send you a shipping box (prepaid) to send in the line. Their only stipulation is that the line be clean and free of all debris, hooks, and metal attachments. Here's the number for Berkley:

1-800-BERKLEY or (712) 336-1520.

If you are not a business and you have a bag of line, send it to the following address. Remember that birds and marine animals become entangled in fishing line. Do what you can. Make sure the line is clean of debris, hooks, and metal attachments. Berkley **recycles** the line into artificial fishing structures.



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OPEN 7 DAYS



The Long Island Chapter of Trout Unlimited meets on the 3rd Tuesday of each month at the Hicksville VFW Hall, 320 S. Broadway, Hicksville at 7:30pm. Visitors are always welcome.

See www.longislandtu.org for more information.

To conserve, protect and restore North America's coldwater fisheries and their watersheds.

For fly tying classes, contact:
Herb Schneiderman: (718) 468-5519.

For casting classes, contact:
Herman Abrams: (516) 593-6024
or **George Simon: (516) 483-1824.**

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MEMBERSHIP APPLICATION

The undersigned hereby applies for membership or renewal, in the LONG ISLAND FLYRODDERS, INC. ("LIFR"). I understand the inherent risk in participating in the activities of LIFR, including fishing trips, of one day or longer, which LIFR may make available to members. I understand that LIFR activities may take me into remote areas, and that I may not be able to be promptly evacuated or receive proper medical care in the event of injury or disease. I further understand that I am solely responsible for all costs of medical treatment and transportation.

Intending to be legally bound, for myself, my heirs, executors, and administrators, except to the extent that indemnity insurance is available, I waive, release, indemnify, and hold harmless, LIFR, its Officers, Board of Directors, and members, against any and all claims for personal injury, disease, death, and property damage or loss, that I may incur, arising out of or connected in any way with any and all LIFR activities. I assume the risk of undertaking all LIFR activities, including related travel.

Member Signature: _____ Date: _____

Print name: _____

Address: _____

Home phone: () _____

Office phone: () _____

E-mail address: (optional) _____

Consent given to post e-mail address on LIFR Web Site: Yes () No ()

In case of emergency, when reasonably feasible, contact:
Name: _____
Relationship: _____
Home Phone: () _____
Office Phone: () _____

Family Application must be signed by each Family Member or Guardian, as applicable.

Dues: Individual \$30.00 _____ Family (including children under 16 yrs) \$40.00 _____ Junior (under 18 yrs) \$15.00 _____

Mail this form to: LONG ISLAND FLYRODDERS, INC
P.O. 8091
Hicksville, NY 11802

CONNETQUOT RIVER TRIPS

In response to the demand for the limited spaces available for our Monday Connetquot River State Park trips, the following guidelines are in effect:

Members attending the meetings have first priority, followed by those members, chronologically received, who call in the day after the meeting for the remaining spaces available. Reservations are available for 32 anglers for each session; 64 for both sessions. The cost of each session is \$15.00. No checks will be accepted;

EXACT CHANGE, CASH ONLY, NO SINGLES,

to be paid at the general meeting or at the park for call-in reservations. Anglers fishing the morning sessions must be at the park by 7:30 a.m. Cancellations must be made by 7:00 p.m. the Saturday before the session.

No advance reservations will be accepted.

Hours: 8:00 AM to 12:00 PM & 1:00 PM to 5:00 PM

For Details call Lee Weil - (516) 997-6743.

CONNETQUOT DATES - 2004

Table with dates: Apr 19, May 17, Jun 14, Jul 19, Aug 16, Sep 20, Oct 18

Only members with 4 weight rods or larger will be allowed to fish on the Monday Sessions

FIRST CLASS MAIL

FLYRODDER
P.O. Box 8091
Hicksville, NY 11802

LONG ISLAND FLYRODDERS COMING EVENTS APRIL - 2004

- April 6 **General Meeting - 8:00 P.M.**
Used Tackle Sale & Open House
(Only Current Members May Sell)
- April 15 **Board Meeting**
7:30 P.M. at the Levittown VFW Hall
- April 19 **Connetquot State Park - Monday Fishing Trip**
See Page 9 for Details
Contact: Lee Weil - (516) 997-6743.
- April 24 **Project Access -Livingston Manor, NY**
See Page 6 for Details
Contact: Dan Van Buskirk - (516) 561-8939
or Bob Skoy - (516-379-1111)

